

Friday, March 5



Keynote: Tay Kopanos, DNP, APRN, FNP-BC

Session title: *Shaping the Health Care Landscape: Nursing's role in improving health care policy*

Dr. Tay Kopanos is the Vice President of State Government Affairs for the American Association of Nurse Practitioners where she oversees the state advocacy program for AANP. Prior to coming to AANP, Dr. Kopanos served on several state and national public policy committees focusing on improving healthcare access, effective care delivery and health workforce development. Dr. Kopanos draws from over two decades of clinical and policy experience to inform workforce and health care policy. Under her direction, AANP has successfully overseen the passage of hundreds of state laws in support of NPs and their patients.



2- Steven Elrod, PharmD, BCACP

Session Title: *Not Diabetes, but Live-abetes! Adapting to Diabetes Care*

Dr. Steven Elrod earned his doctorate from Touro College of Pharmacy in New York, NY. Then completed two residencies, both in ambulatory care pharmacy: first at the Mayo Clinic in Rochester, MN; and second at Providence St Peter Family Medicine in Olympia, WA. He is now a preceptor for both the PGY1 and PGY2 pharmacy residencies at Providence and core faculty for the Chehalis Family Medicine rural track medical residency. He currently holds an associate professorship with Washington State University pharmacy, nursing, and medical schools where his areas of expertise focus on family medicine, addiction medicine, psychotropics, and interprofessional collaboration.



3- Jim Murphy, BA

Keven Comer MN, FNP-BC

Session Title: *COVID-19 Vaccine Update*

Jim Murphy has worked with DPHHS for over 30 years in areas specific to public health and communicable diseases. He has worked with state and local partners to establish the state's first HIV treatment programs, led communicable disease responses as an epidemiologist and later as preparedness director and the chief of the communicable disease bureau. Jim is currently a co-administrator of the Public Health & Safety Division at DPHHS and is working with others to direct the response to COVID-19.



4- Laurie Soine PhD, ARNP

Session Title: Medical Management of Coronary Heart Disease 2021

Laurie Soine PhD, ARNP is the Chief ARNP for University of Washington Medical Center (UWMC) in Seattle and practices as a Nurse Practitioner (NP) in Cardiology. Laurie earned a BSN and a BA in Communication from Pacific Lutheran University in 1988; MN in 1991 and PhD in Nursing Science in 2009, both from the University of Washington.

She began her nursing career as an ICU nurse. After completing her Masters, she practiced as a Heart Failure/Transplant CNS. In 1998, she completed a Post-Masters NP Program and practiced as a NP in Nuclear Cardiology until 2018. In the spring of 2018, Laurie accepted the role of Chief ARNP for UWMC. She continues to practice in Cardiology, seeing patient in clinic and supervising cardiopulmonary exercise tests. Laurie's research interests include the impact of clinical practice guidelines on patient outcome and quality of care; patient knowledge, perceptions and expectations and disease outcomes.



5- Sarah Potts PhD, LMHP, CMSW, LP, PLMHP

Session Title: Wellness break

Sarah Potts, PhD is a clinical psychologist and the Director of Behavioral Health at Partnership Health Center. She is passionate about employee quality of life within the work environment and believes there is no "one size fits all" when it comes to supporting team members. She is a registered Health Service Psychologist and delivers integrated behavioral health, with a focus on behavioral pediatrics. Sarah delivers clinical supervision and training to graduate students at the University of Montana. She believes in the power of equitable, accessible, culturally-sensitive, and evidence-based healthcare in shaping the health of our community.



6- Vicky Byrd MSN, RN

Session Title: Legislative update



7- Julie Alexander-Ruff EdD, MSN, BS, BSN, RN, CPNP-PC

Session Title: Art for Wellness-Promoting Well-being in Indian Reservation Dwelling Preadolescent Children

Dr. Julie Alexander-Ruff is a certified pediatric nurse practitioner with a specialization in primary care. She practices as a school nurse in Gallatin County and as a primary care provider in a school-based health center on a Northern Plains Indian reservation. Dr. Ruff received her Bachelors of Science degree in Nursing from The Catholic University of America in Washington, D.C., her Masters of Science degree in Nursing and her Certification as a Pediatric Nurse Practitioner from the University of Texas Health Sciences Center in San Antonio, Texas. She completed her Doctoral degree in Adult and Higher education in 2016 from Montana State University. Dr. Ruff is an Assistant Professor of Nursing at Montana State University, she lives in Bozeman, Montana with her husband who is also a professor at MSU. She has four adult children she enjoys spending time with.



8- Stacey Pascoe PharmD, BCPP, CPP

Session Title: Navigating Psychotropic Medications: A Mechanistic Approach to First-line Antidepressants

Dr. Stacey Pascoe obtained her bachelor’s degree at Montana State University in Civil Engineering. After practicing as an engineer for four years, she attended pharmacy school at the University of Montana, where she completed her PharmD. Following pharmacy school she began work at the Montana State Hospital, where she was employed for 5 years and gained the experience required to become Board Certified in Psychiatric Pharmacy (BCPP). Dr. Pascoe is licensed as a Clinical Pharmacist Practitioner (CPP) and currently works at Bozeman Health in the Behavioral Health Department as a clinical pharmacist.



9- John Honsky APRN

Heidi Moretti MS, RD

Session Title: Alcohol Use Disorders--Foods that Reduce Cravings and Addictive Behaviors

John Honsky APRN is a behavioral health APRN in Missoula, MT.



Heidi Morretti MS, RD, is a clinical dietitian of over 20 years and also conducts nutrition research. In my spare time, I love to blog about gut health and nutrition, and my book, *The Whole Body Guide to Gut Health*, will be published in February.

Saturday, March 6



10- Daniel Lee Pharm D, BCPS

Session Title: The use of Cephalosporins in Penicillin allergic patients: A Clinicians guide to appropriate antibiotic selection

Dan has been a practicing clinical pharmacist at Community Medical Center for over 13 years. He received his Doctor of Pharmacy degree from the University of Montana in 2007. He is a Board Certified Pharmacotherapy Specialist and a antimicrobial stewardship certified member of the Society of infectious Disease Pharmacists. In his spare time he enjoys snowboarding with his daughters, hiking with his wife and brewing his own beer.



11- Ann Galloway PhD, FNP-C

Session Title: [Updates on Managing Parkinson's Disease](#)

I received my BSN from University of Oklahoma, MS from Clemson University, dual track nurse educator and family nurse practitioner, and my PhD from University of Northern Colorado, focus on nursing education.

Dr Galloway is currently the Bozeman campus director and Associate Clinical Professor at the Montana State University College of Nursing. She also works part

time at Bozeman Health as a member of the geriatric house calls program seeing the frail elders in their residence for primary care visits.

In 2019, Ann was chosen to participate in the Edmond J. Safra Visiting Nurse Faculty Program at Parkinson's Foundation. The event was held at the Swedish Neuroscience Center in Seattle, WA and included 16 hours of didactic sessions, 16 hours of clinical time seeing patients and families, attending a Parkinson Disease Support Group, and producing an independent project.

12- Paula Cox-North PhD, ARNP

Session Title: Hepatitis C update

PhD 2015 University of Washington Area of Study: Palliative Care

MN 2005 University of Washington Area of Study: Advanced Practice

BSN 1996 Gonzaga University Area of Study: Nursing

ADN 1986 North Central Michigan College Area of Study: Nursing



13- Jennifer Sofie DNP, FNP, ANP

Session Title: [Deprescribing for your Geriatric Patient](#)

Dr. Sofie has over 20 years of clinical experience as a Geriatric Nurse Practitioner. She leads the Geriatric House call team at Bozeman Health providing primary care to homebound elders. She also has been on faculty at Montana State University teaching in the Graduate DNP program since 2006.