

2023 Annual Convention Session Descriptions

Keynote - *Leading the Profession Forward: The Imperative for Advocacy*

ANA President Jennifer Mensik Kennedy PhD, MBA, RN, NEA-BC, FAAN



Speaker bio: Jennifer Mensik Kennedy, PhD, MBA, RN, NEA-BC, FAAN, is currently an assistant professor at the Oregon Health and Science University School of Nursing in Portland Oregon. Mensik Kennedy has authored books, including *Lead, Drive, and Thrive in the System* and *The Nurse Managers Guide to Innovative Staffing 2nd ed.*

Mensik Kennedy has served as President of the Arizona Nurses Association 2007-2010. She served as Treasurer, Second Vice President and Director-at-Large on the ANA board of directors.

Mensik Kennedy earned a PhD from the University of Arizona College of Nursing with a focus on health systems and a minor in public administration from the Eller College of Management. Her MBA degree is from the University of Phoenix, while her BSN degree is from Washington State University. She also holds an ADN degree from Wenatchee Valley College-North. Mensik Kennedy was inducted as a fellow to the American Academy of Nursing in 2014.

Session 2 - *Breaking Barriers, Building Support: Community Health Workers and Nurse Care Managers in the FUSE Program for the Homeless Population*

Kayla Morris BA; Haylie Wisemiller BSN, RN; Amy Emmert MAS, BSN, RN; Bobbi Soper BSN, RN, CCM

Session description: The Frequent Users System Engagement (FUSE) program is an innovative approach to addressing the significant health needs of people experiencing housing insecurity who are high utilizers of emergency services. Community health workers (CHWs) play a pivotal role in the Housing is Healthcare initiative and extend the reach of clinic-based Nurse Care Managers.

CHWs help patients re-establish care with their PCP and act as a liaison to their healthcare team, ensuring that their healthcare needs are adequately addressed. In this presentation, we will discuss the FUSE program in detail, Highlighting the vital role played by community health workers, and the crucial contribution of Nurse Care Managers in incorporating CHWs into Primary Care teams, in addressing the health needs of people experiencing housing insecurity or homelessness. We will share the impressive outcomes of the program and the potential for similar initiatives to be implemented in other regions to improve health outcomes for vulnerable populations.

Speaker bios:



Kayla Morris BA is the Supervisor of Community Based Services in the Population Health Department at St. Peter's Health. With a bachelor's degree in public health and health sciences, Kayla has a passion for working with vulnerable populations and improving population health. She leads the Helena Frequent Users of System Engagement (FUSE) project and initiated the Community Health Worker program at St. Peter's Health. Before her current role, Kayla managed grants related to Sexual Assault and Victim Advocacy programs. She is dedicated to improving the health outcomes of those experiencing housing insecurity or homelessness in her community.



Haylie Wisemiller BSN, RN has been an RN for 16 years and has found her passion as a member of the Population Health team. At St. Peter's Health, she utilizes the priorities of the community health needs assessment to help guide population-based programming and initiatives focused on increasing the health and wellbeing of the individuals in her community. She connects with community organizations and coalitions to collaboratively work towards proactively addressing risk factors and supporting vulnerable populations.



Amy Emmert MAS, BSN, RN is the Senior Director of Population Health at St. Peter's Health. She is a graduate of the Carroll College Nursing Program and holds a Master's Degree in Applied Science in Population Health Management from Johns Hopkins Bloomberg School of Public Health. In her role, Amy collaborates closely with the SPH leadership team, community organizations, and collaborative partners to develop strategic plans, operational budgets, policies, program development, and foster community collaboration. She oversees various collaborative projects aimed at quality improvement and advancing population health initiatives at St. Peter's Health.



Bobbi Soper BSN, RN, CCM earned her first bachelor's degree in business administration from the University of Montana in 2002 and her Bachelor of Science in Nursing from Carroll College in 2016. She started her nursing career at St. Peter's Health in dialysis, both incenter and acute hemodialysis as well as the home therapies. In 2020, she transitioned to Population Health and Care Management and is now the supervisor of Outpatient Care Management and Social Services. Although she misses direct patient care, she is excited for the opportunity to use her leadership skills in combination with clinical knowledge to help remove barriers for nurses and other Complex Care Team members in order to allow them to do what they do best, care for the people in the communities they serve.

Session 3 - *Role of Palliative Care in Serious Illness*

Saundra Sewell FNP-BC

Session Description: Palliative Care is often misunderstood as meaning end of life or giving up. However Palliative Care can provide you, your pts or their care partners assistance at any stage of serious illness- even at initial diagnosis. This talk will expand your understanding of how Palliative Care can supplement your patient care for your seriously ill patients by facilitating “difficult” conversations, managing challenging symptoms and helping you and your patients prepare for the many challenges or serious progressive illness.



Speaker Bio: Sauny met her first palliative care pt in 2006 as an RN and immediately recognize the value of Palliative and Hospice Care. Her career in Health Care has included medical/surgical nursing and family medical and urgent care NP work and now nursing administration but has always come back to improving quality of life for patients, their care partners and the medical staff that care for them. Currently Sauny works in nursing administration hoping to ensure a high quality of work-life for her nurses and advanced practice clinicians, while also managing the Palliative Care department at Bozeman Health.

Session 4 - *Genetics Primer: Application in Colorectal Cancer*

Carrie Thompson DNP, APRN-BC, ANP-BC, OCN, ACGN

Session description: This session will explore various genetic / genomic tests as related to screening and treatment of colorectal cancer.



Speaker bio: Dr. Thompson is triple board certified in genetics, oncology, and adult primary care. She is specialty trained in cancer genetic risk assessment and has recently been accepted to Duke University to study pediatric genetics. Carrie graduated from Charles Sturt University in 1999 with a Bachelor of Health Science (nursing) and then went on to complete a MSN from the University of Nebraska Medical Center in 2006. She obtained her DNP from Gonzaga University in 2021. Dr. Thompson is a genetics nurse practitioner, Director of Genetics Development and Director of the Advanced Practice Genetics Fellowship program at Logan Health. She also works as an Associate Professor for the Mark and Robyn Jones College of Nursing Montana State University teaching health promotion. Carrie is interested in population genetic screening and NP-led high-risk surveillance programs.

Session 5 - *Diabetes updates and Technology* **AndeeLyn Wardell NP**

Session description: Learn about the recent American Diabetes Association guideline updates for diabetes management. Overview of the new weight loss medications and types of insulin. Increase basic understanding of insulin pumps and continuous glucose monitors, including ways to help patients while receiving inpatient care, receiving steroids, or having a routine procedure done.



Speaker bio: AndeeLyn grew up in Bozeman. She completed her LPN and RN degree at Helena College in 2010 and 2011. She later attended Chamberlain University for her BSN and completed her MSN as a family nurse practitioner in 2020. She has worked as a nurse in the outpatient setting for 13 years. She has worked in the St. Peter's Health Endocrinology clinic for the last 9 years. She has a particular passion for diabetes technology as she also lives with type 1 diabetes.

Session 6 - *Confronting Human Trafficking in A Healthcare Setting* **Lowell Hochhalter**

Session description: Focusing on the “exploitative behavior” and the trauma bonding area, along with how to apply this new knowledge to your own workplace and policies. Close to 90% of human trafficking victims, ages 14 to 60, sought medical care during their exploitation. They sought help for symptoms including cardiovascular and respiratory problems, flashbacks, broken bones, STI's, depression, anxiety, nightmares, and feelings of shame and guilt. Human trafficking is not siloed and has many dimensions that can present in pediatrics, ED, urgent care settings, orthopedics, or infectious diseases. You can use your diagnostic skills from other forms of interpersonal violence to help identify trafficking survivors. Health Care Providers are in a unique position to recognize the indicators of human trafficking. This training will give you confidence as well as practical ways that you can effectively respond to those who are looking for a way out.

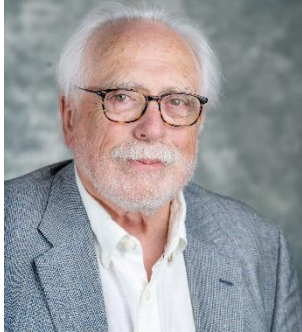


Speaker bio: Lowell is the Co-Founder, and CEO of The Lifeguard Group; an organization that has mandated itself to combat human trafficking and see it come to an end. For the last 11 years, Lowell has been working to counter human trafficking efforts on many levels. He has provided human trafficking recognition training to Law Enforcement Agencies, First Responders, Hospitality Organizations, Probation and Parole Officers, our Appointed Special Advocates, Healthcare Professionals, Educators and Students, in the United States and abroad.

Session 7 - Medications for Opioid Use Disorder in Montana – An Update

Daniel Nauts MD FASAM

Session description: Review the progress in MOUD treatment in Montana, define low threshold care and its scientific basis, possibly have a person with lived experience present their story, or video addressing stigma.



Speaker bio: Dr Nauts is a Board certified in Internal Medicine and Addiction Medicine. Over 30 years experience practicing Addiction Medicine in a variety of settings. ASAM Faculty Member in presenting a variety of courses including the Treatment of Opioid Use Disorder, and the Fundamentals of Addiction Medicine. 20 years experience in providing MOUD. Secretary of the Northwest Society of Addiction Medicine a chapter of the American Society of Addiction Medicine (ASAM).

Session 8 - Responding to the Staffing Crisis

Haley Quinn BA

Session description: Healthcare workers saw the staffing crisis coming long before the COVID-19 pandemic. In this workshop, we examine workforce data to understand how we got to this crisis point and the extent of the current crisis. We will explore safe staffing research and current approaches to safe staffing, including recent victories from AFT health care affiliates.



Speaker bio: Haley Quinn is an Assistant Director in AFT's Health Issues department. Her work focuses on issues impacting the healthcare workforce, including safe staffing and the current staffing crisis. Haley has been working in the labor movement for a decade and has been working to support AFT's healthcare members in this role for the past four years. She lives in the Washington, D.C. area with her wife and two cats.

Session 9 - *Not If, but When... How to Clinically Navigate the Chaos of an Extended Downtime*

**Diane Humbrecht, DNP, RN-BC; Rachael Clagett DNP, RN-BC;
Christina Reynolds BSN, RN-BC, PMP**

Session description: We have all experienced downtime, but have you experienced a 3-week downtime? This session will describe how a large health system experienced a cyber-attack that left them locked out of the electronic health record for 3 weeks across the continuum. This presentation will describe how a health care system can identify weakness based off of lessons learned by an actual 3-week downtime and help understand generational gaps when it relates to having to revert back to paper documentation for an extended period of time.

Speaker bios:

Diane Humbrecht DNP, RN-BC, FNAP Diane has been a nurse for 30+ years. In 2005, Diane was charged with implementing an evidence based, interprofessional EHR. Leading these efforts, Diane pulled together an interprofessional team. Over 2 years, she developed teams and engaged them in learning different disciplines scope of practice and utilized evidence based clinical practice guidelines to understand each discipline's role in caring for patients. Currently, as the System VP of Clinical Informatics at Common Spirit Health, she is responsible to combine both strategic and operational functions to support the mission of CSH by leveraging the use of technology in practice. Diane received her MSN from the University of Pennsylvania and DNP from Vanderbilt University. Diane is Past President of ANIA and holds a faculty position at the University of Pennsylvania and a Fellow from the National Academy of Practice.



Rachael Clagett DNP, RN-BC is an Informatics Nurse Specialist with 10+ years of informatics experience. She obtained her MSN and DNP specializing in Nursing Informatics from the University of South Alabama and is ANCC Certified as an Informatics Nurse. Rachael is the President of the Northwest Chapter of the American Nursing Informatics Association and is the Manager of Regional Informatics and Assistant Chief Nursing Informatics Officer for Billings Clinic.

Session 10 - *ACEs: Now What? The Implementation of Trauma Informed Care* **Maegan Rides At The Door PhD, LCPC**

Session description: Many people have now learned about the landmark Adverse Childhood Experiences study and its results demonstrating the link between ACEs and poorer health and mental health outcomes. After hearing about this information people often wonder, now what do we need to do to address ACEs practically speaking. How can I implement trauma informed systems of care in my work? This session will review the essential elements of a trauma informed system of care broadly but then also present specific strategies that individual workers can implement.



Speaker bio: An enrolled member of the Assiniboine-Sioux Tribes of the Fort Peck Reservation and a descendant of the Absentee Shawnee Tribe of Oklahoma, Dr. Maegan Rides At The Door, LCPC (she/her) has served as the National Native Children’s Trauma Center’s Director since 2015. She has been central to the design and implementation of a range of training and technical assistance initiatives in tribal communities, including projects focusing on the development of trauma-responsive systems of care with tribal, private, federal, and state partners; the implementation of cross-system youth suicide prevention programming; and the expansion of child advocacy centers’ capacity to meet the needs of tribal communities.

Session 11 – *Legislative Engagement: Why YOUR voice Matters* ***Panel Discussion led by Robin Haux & Thai Nguyen***

Session Description: Why your voice matters especially as various legislation is introduced, discussed, and debated impacting nursing practice and patient care in Montana. Hear from those who have testified and those who listen to testimonies. Learn how to be engaged and let your voice be heard.