



MNA APRN Pharmacology Conference 2026

Speaker	Bio	Session Info
 Dena Geiger, MSN, APRN, FNPc	Dena Geiger is a 30+ year veteran of nursing with 13 years in advanced practice. She advanced her degree with the sole purpose of improving quality of life through preventive care. With 18 years of functional medicine studies/practice, certificate in functional nutrition and six years in private practice focused on holistic midlife/menopause care. She is on faculty at Mark and Robyn Jones CON teaching graduate clinical and womens health where she incorporates a solid foundation of midlife health care. Her future goal is to update womens health curriculum nationwide to improve knowledge in menopauase care provided by APRNs. Current mission, to improve womens care in state of Montana.	Optimizing Health in Women Are we over medicalizing Menopause? Literature review discussing 2024 Lancet article: An empowerment model for managing menopause. We will discuss the ‘key messages’ provided in the article, review evidence based data discussing each key message confirming or dispelling the over medicalization of menopause, with the goal to optimize physical, mental and financial health in this population.
 Jason Gleason, DNP, FNP-C, FAANP, USAF Lieutenant Colonel (RET)	Dr. Jason Gleason is a board-certified nurse practitioner, FAANP, and 20-year U.S. Air Force veteran who retired as a lieutenant colonel in 2015. A speaker, author, award-nominated documentary producer, and host of the ThriveLife Nation podcast, he provides full-time primary care to Veterans at the VA and teaches with Fitzgerald Health Education Associates by Colibri. Dr. Gleason has served on national councils and boards, including the AANP Board of Directors, the National VA APRN Council, the VA/DoD Stroke Clinical Practice Guideline Workgroup, and advisory boards for Purdue University and CareLinx by Sharecare—founded by WebMD’s Jeff Arnold in partnership with Oprah, Remark, Sony Pictures Television, and Discovery Channel. Recognized from the floor of the U.S. Senate for his work as an NP, he currently serves as AANP Region 8 Director, representing Montana, North Dakota, South Dakota, Colorado, Utah, and Wyoming. Above all, he is a devoted husband and father of three.	Wood - Male Sexual Health Pharmacology Update This engaging, evidence-based presentation will guide nurse practitioners through the evaluation and treatment of common male sexual health issues including erectile dysfunction, premature ejaculation, and delayed ejaculation. These are three conditions that impact millions of men worldwide yet remain under-discussed and often mismanaged as men and their partners suffer in silence. This presentation will take the audience on a journey through the neurovascular, hormonal, and psychological roots of these conditions, offering a comprehensive toolkit of pharmacologic, behavioral, and emerging therapeutic interventions.

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 Dr. Alan Greenwald, MD	I am a board-certified orthopedic surgeon and licensed to practice medicine in Washington state and Montana. I received my medical degree from the University of Pittsburgh and trained in San Francisco. I have been in practice since 1984. I have been on the orthopedic faculties of University of California San Francisco, and the University of Washington. Currently, I am an adjunct Assistant Professor at Touro University Medical school in Montana. I served as president of the County medical Society in San Francisco California, Jefferson, and Yakima Counties in Washington. I am a past president of the Washington State Orthopedic Association and served as a counselor for the American Academy of Orthopedic Surgery. I have been board-certified in orthopedic surgery since 1986 and have served as an examiner for the American Board of Orthopedic Surgery for the past 25 years. I have been an AAOS fellow since 1986. I have been the director of bone health at the Great Falls Clinic in Montana. In 2025, we were awarded a certificate of recognition as a Star Performer from the American Orthopedic Association Own the Bone Program.	Bone Health Optimization for Elective Orthopedic surgery This session will define osteoporosis and why it should be treated to prevent fractures and provide better outcomes for elective spine fusion and joint replacement surgery.
 Alicia Le Pard, PhD, MBA, APRN, RN, ACNP, ENP, FNP, GNP, FAANP	Alicia Le Pard is a a certified diabetes care and education specialist since 2000, a (past) Advanced Diabetes Management specialist, and a primary care/emergency/hospitalist provider that has been treating persons with diabetes since, well-nearly forever, with a PhD in nursing with a a dissertation on the spectrum of diabetes! Ask me and I will either know the answers or know people who do!	Don't Sugarcoat it! Treating Diabetes 2026 Incorporating the 2026 ADA Standards of Care and the practical real life of managing the spectrum of diabetes in the lifespan, this presentation gives the down, the dirty and the reality of helping patients gain blood glucose control with all the tools for primary care, hospitalist care and emergency care providers to be comfortable when endocrinology is a long way away!
 Amanda Lucas, DNP, MSN, APRN-CNS, ACNS-BC, ACHPN	Amanda Lucas is a Clinical Nurse Specialist who has practiced in Palliative Care for 22 years. First in Georgia and over the last 8 years in Montana. She is an Associate Clinical Professor with the Mark and Robyn Jones College of Nursing - Great Falls Campus where she teaches graduate and undergraduate students and practices mainly in Palliative Oncology at Benefis Sletten Cancer Institute. She obtained her Masters as an Adult Clinical Nurse Specialist in 2002 from Georgia College in Milledgeville, GA and returned for a Doctor of Nursing Practice completed in 2019 through the University of South Alabama in Mobile, AL. She is certified as an Advanced Certified Hospice and Palliative Nurse since 2006 and is an End of Life Nursing Education Consortium speaker for over 20 years.	Palliative Pharmacology Pearls This session will describe medications used in the management of malignant and non-malignant pain, discuss benefits of buprenorphine transdermal and sublingual use for pain management, and evaluate the pharmacological management of common end of life syndromes including terminal secretions, restlessness and anorexia.

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Matt McNutt, FNP, WCC, DWC	I have had the privilege of treating acute and chronic wounds in various clinical settings and roles for 20 years and have been certified in wound care for 15 years including the last 4 years devoted full time to wound care and the use of adjunct hyperbaric oxygen therapy.	Wound, Hyperbarics & Antibiotic Management This session will discuss diagnosis and management of acute and chronic wounds including the use of adjunct hyperbaric oxygen therapy and antibiotic management of the wounded patient.
 Adria Strable, DNP, FNP, APRN, CNE, BSN, BSBA	Adria Strable, DNP, APRN, FNP-C is a family nurse practitioner, nurse educator, and healthcare leader practicing in Montana. She serves as faculty with Montana State University's Mark & Robyn Jones College of Nursing and is actively involved in advancing APRN practice through education, leadership, and policy. Dr. Strable brings extensive experience in primary care, mental health management, and complex medication regimens, with a strong emphasis on patient-centered, evidence-based, and holistic care. She currently serves on the Montana Nurses Association Board of Directors as the Council on Advanced Practice Representative and is passionate about equipping APRNs with practical, real-world strategies to safely manage polypharmacy and mental health needs across Montana's diverse and rural communities.	Meeting Mental Health Needs and Navigating Polypharmacy in Primary Care A timely and practical session designed specifically for APRNs practicing across Montana's diverse and often rural care settings. As primary care clinicians, we are increasingly managing complex mental health needs alongside multiple chronic conditions, often with limited specialty access and growing medication lists. This presentation focuses on real-world pharmacology challenges, including safe prescribing, identifying high-risk medication combinations, thoughtful deprescribing, and patient-centered approaches to managing psychiatric medications in primary care. Emphasis will be placed on evidence-based decision making, interprofessional collaboration, and practical strategies APRNs can immediately apply to improve safety, outcomes, and therapeutic relationships.
 Cindy Swan, DNP, FNP-BC	Cindy Swan is a DNP family nurse practitioner. She is also currently working on her second board certification in functional medicine. She currently works for Billings Clinic at one of the rural hospitals and clinics located in Wheatland County where she frequently manages complex patients, often on a variety of medications prescribed by multiple specialists. She recently opened her own functional medicine primary care practice in Billings, Montana.	When Your Pills Go Rogue and Mug Your Micronutrients Sometimes prescription medications are needed to best manage our patients. However, just like many medications may have side effects that are obvious, there may be more subtle adverse affects of nutrient depletion that can occur with many common prescription medications. When nutrient deficiencies do occur, they can adversely affect our patients' overall health. Know the medications that like to steal key nutrients, when to monitor and replace nutrient deficiencies, or when medication alternatives should be considered.

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 Marcus Paske, PharmD, BCACP, AE-C, CPP	Marcus Paske is an Ambulatory Clinical Pharmacist for Intermountain Health, supporting clinics in Butte, Bozeman, and Boulder, Montana. He is a Montana native and earned his doctorate of pharmacy from the University of Montana Skaggs School of Pharmacy. He is a BPS Board Certified Ambulatory Pharmacist and Certified Asthma Educator. He also serves as a Clinical Instructor for the University of Montana School of Pharmacy Experiential Learning Program. His professional interests include chronic disease medication management with focuses in Diabetes, Hypertension, Asthma/COPD, and Anticoagulation. In his free time he enjoys being anywhere outdoors in Montana with his wife and two children.	Updates to Asthma Medication Management in the Primary Care Setting This session will review the most current medication guidelines for asthma management for adults and pediatric patients in the primary care setting. This will include a brief overview of the pathophysiology of asthma and how the mechanism of asthma medications are used to best treat the disease, as well as review and discuss the different available products on the market. Case studies and review of differences within the different medication classes and devices will be used to apply guidelines to real-life simulated scenarios, including other factors such as cost, insurance barriers, and patient adherence.
 Eric Arzubi, MD	Eric Arzubi, MD is a board-certified child and adult psychiatrist, CEO and Co-Founder of Frontier Psychiatry, and Assistant Clinical Professor at the Yale Child Study Center. Frontier Psychiatry is a telepsychiatry platform serving Montana, Idaho, Alaska, and Nevada, with over 30 providers and published outcomes data in JAMA Network Open demonstrating 38% lower hospitalization rates and 18% fewer ER visits. As former Chair of Psychiatry at Billings Clinic, Dr. Arzubi founded Montana's first psychiatry residency program, the state's first EmPATH unit, and a Project ECHO hub for primary care providers. He is a nationally recognized speaker on rural mental health, single-session interventions, and youth behavioral health. He also spends too much time posting on LinkedIn, where he is among the top mental health creators.	Anxiety, ADHD and Affective Disorders in Youth Prescribing psychiatric medication for children and adolescents requires balancing evidence, developmental considerations, and family expectations. This talk walks clinicians through the psychopharmacology of three of the most common diagnostic categories in youth: anxiety disorders, ADHD, and affective disorders including unipolar and bipolar depression. Topics include first-line agents, dosing strategies, common pitfalls, and when to augment or switch. Special attention is given to the challenges of co-occurring conditions and how overlapping symptoms influence treatment selection. Attendees will leave with a practical, evidence-based framework for medication management in pediatric mental health.